

# Special OPS / Major Incidents

## Bicycle Team

Supersedes: 05-01-05  
Effective: 05-01-06

### FUNCTION

The primary functions of the team are rapid response, patient assessment and primary intervention, and development of an incident action and evacuation plan for specific responses during restricted access special operations. The option to provide those same services in congested, traffic-intensive areas of the city is being evaluated. Additionally, the team provides close contact between Boston *EMS* and the general public, public relations support to department events and fosters a general improvement in physical fitness for employees assigned to the unit and those training for the selection process.

### UNIT ACTIVATION

Event requests will be evaluated by the Special Operations Division Supervisor for possible deployment of the Bicycle Team and then approved by the Superintendent-In-Chief or his designee. The unit should be considered for deployment at the following types of events:

- Large scale special events;
- Crowd-intensive operations;
- Foot, road or bicycle races;
- Events conducted on rural, uneven or inaccessible terrain;
- Special Operations assignments;
- Public relations and education programs;
- Assignments authorized by the Superintendent-in-Chief.

### SUPERVISION AND CHAIN OF COMMAND

The Special Operations Supervisor or designee will coordinate the administrative, maintenance and quality assurance responsibilities of the unit. The Special Operations Supervisor or designee will provide tactical supervision at large-scale events or when multiple members of the team are deployed. The Special Operations Supervisor or designee may assign a team leader for smaller events. The team leader will report to the Incident Commander, Shift Commander or Division Field Supervisor, whichever is applicable, for deployment and other tactical instructions.

### DEPLOYMENT

Bike team members will report to the team storage facility, and meet a Division or Bike Team Supervisor for access if necessary. Members will prepare, clean, and check out

bikes. Members will sign out equipment as needed. Whenever possible, a fully stocked vehicle will be signed out for transport of personnel and bikes as space allows. If approved by the Bike Team or Dispatch Operations Supervisor, members of the team may choose to ride directly to the event location, if it is timely.

The vehicle will be placed at the scene to serve as an aid station (*if appropriate*), respite area for bike team members, and equipment cache. If a designated bike team member will not be in visual proximity to the unit at all times to make contact with potential patients who may report to it than the vehicle should be secured out-of-sight.

At the conclusion of the event, all bikes and bike equipment will be wiped down and secured. Any repairs needed should be noted on a form provided by the Bike Team Supervisor and a copy forwarded to the Special Operations Division.

## COMMUNICATIONS

Bicycle units will use the call-sign prefix "**X-Ray**" and then their unit number depending on the total number of units fielded. The X-Ray Team Leader will call the Dispatch Operations Center prior to an event and request a log-on for the X-Ray Team units being fielded for the event including the names of EMT'S, call-signs, radio ID numbers and their SAED capability.

X-Ray Team members will use the same tactical channel designated for the event as other response units. The bicycle-capable supervisor or team leader assigned to an event will always assume the callsign "X-Ray One".

## DOCUMENTATION

Each set of panniers will have a complete supply of paperwork and a clipboard to assist in maintaining all department patient documentation standards. The Bike Team Supervisor or team leader will collect all PCRs, patient refusal forms, patient contact logs and other documentation and transfer it to a Division Supervisor at the end of the tour of duty.

## BICYCLE EQUIPMENT

Department owned bikes will be secured at the Bragdon Street Facility and their maintenance will be monitored by the Special Operations Division. These bikes will be used whenever possible as the primary response units. The Department will supply a Department bicycle (as available), stocked panniers, helmets, oxygen / resuscitation equipment and an SAED unit. Employees are responsible for providing all required personal equipment including:

- Whistle
- Sunglasses
- Riding gloves
- Tie-backs
- Water bottle(s)

Pedals of department bikes may be modified to clip or clipless pedals, but must be returned to standard pedal configuration at the end of the tour of duty.

## UNIFORM

- HELMET: Department issued white Bell Maxus or Triumph bicycle helmets with Department approved logos, *(No additional adornment of any kind is permitted)*.
- JACKET: Nylon recruit jacket with Orange/Reflectorized side facing out, *(weather permitting)*. A Department issued Bike Team jacket and pants will be signed out when available and returned at the end of the shift.
- SHIRT: A Polo shirt with embroidered Boston EMS logo over the front, left side and color to be consistent with rank, or standard issue short or long sleeve uniform shirt.
- PANTS: Brown uniform shorts either dress or cargo style or brown uniform pants with tiebacks applied.
- SOCKS: White, brown or black socks when worn with shorts and brown or black only when worn with long pants.
- FOOTWEAR: Black uniform or "coach" style sneakers, or black BX shoes.
- PERSONAL DUTY EQUIPMENT: Standard utility belt with extra keeper straps if needed. All department rules and regulations apply pertaining to the carry and storage of additional personal equipment.
- INCLEMENT WEATHER UNIFORM: Department issued orange raincoat and black or brown rain resistant pants

#### ALS EQUIPMENT

Whenever a BEMS paramedic is deployed as an ALS bicycle response unit, the following list of medical supplies shall be considered as standard equipment and must be carried. The Medical Director, his or her designee or the Shift Commander must approve any additions, deletions or substitutions.

Oxygen with 1 adult and 1 pedi non-rebreather and 1 adult and 1 pedi nasal canula  
1 nebulizer acorn; combivent and albuterol  
Intubation roll with Magill forceps, BVM, colorometric end title CO2  
2 baby ASA  
1 canister of nitrospray (.4 mg /spray)  
2 2mg 1 cc vials of Ativan  
1 Accucheck  
2 2mg prefilled syringes of Narcan  
2 50 cc prefilled syringes of D50  
1 1mg glucagon  
1 24 gm oral insta-glucose paste  
1 epinephrine 1:1000 10 cc prefilled syringe (1 mg)  
3 epinephrine 1:10,000 10 cc prefilled syringe (1 mg)  
2 100mg 10 cc prefilled syringes of lidocaine  
2 150mg bristojet amiodarone  
2 1 mg 10 cc prefilled syringes of atropine  
2 50 mg vials of benadryl  
2 500cc NS plus IV catheters and tubing  
2 tourniquets and Kelly clamp  
1 OB Kit

1 roll of Kling  
1 box of 4x4's  
1 occlusive dressing  
1 BP cuff and 1 stethoscope  
AED

*Additional equipment may be evaluated by the Department from time to time, and added to the equipment list.*